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Smashing Plates: Greek Flavours Redefined



Synopsis

Greek cuisine has a long history- the first ever cookbook was written by Ancient Greek poet Arcestratos in 320 BC - and now Maria Elia brings the traditional flavours and ingredients of Greece into the 21st century with her thoroughly modern take on classic dishes. This is not a book for traditionalists, but adventurers ready to explore exciting new flavour combinations and discover what Greek cuisine has to offer. The 120 recipes are a product of a summer spent cooking and experimenting at her father's tavern in the Troodos mountains of Cyprus. From delicious vegetarian dishes such as Carrot Keftedes and Tomato and Runner Bean Baklava to Marinated Lamb with Feta Curd or Courgette-coated Calamari, and a tempting range of sweet dishes including Watermelon Mahalepi and Greek Yogurt and Apple Cake, Maria's inventive recipes will open your eyes to a whole new world of Greek cooking.

Book Information

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (5 customer reviews)

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Customer Reviews

I really like the recipes in this wonderful Greek Cookbook. I can say this because I have many Greek cookbooks. The only reason I didn't give it 5 stars was because all the measurements are in Metrics and not in Ounces and Pounds. I have to basically convert everything. As a Greek/American myself, the recipes are superb tasting (so far) and highly inventive plus has a great and refreshing, very modern twist to the traditional Greek food and cookbooks. These recipes light up my taste buds and interest my heart and make me interested in making more and more great Greek dishes from this fantastic cookbook over the ordinary Greek recipe book. Once I get to converting each of the recipes from European Metric into American ounces. I would say though that this is a book not to pass up...I remember the days when we did Smash Plates and it was of the

highest compliment of satisfaction for the very best chef and meal or the live entertainment at all Greek Restaurantâ™s in the older days...Great title, a nod and pun all wrapped into one!

Food was good, fair prices. Tap water was heavy on chlorine. Bring your own bottled water or you can pay for bottled water. I suggest they buy a filter, use reverse osmosis filter or something!

i am a huge fan of Maria Elia's Modern Vegetarian- it's brilliant. this cookbook is good, and has some nice recipes but was not as relatory for my anyhow as the Modern Vegetarian.

Great book full of wonderful recipes. It got here earlier then promised and in good shape. What a way to broaden your palette

The Ultimate Greek Cookery Book !!!Authentic and yet innovative; original and exciting. Full of mouth-watering recipes based on traditional Greek cuisine but with a refreshing twist.

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